

# DWB TIME TRIAL

## Rules & Regulations:

1. Declaration of responsibility is required for all racers.
2. No one should join the race unless he/she is physically fit, is in excellent health condition, and he/she expects to finish the race within the CUTOFF TIME of 75 mins for 3km or 45mins for 1.4km race.
3. Racers may be asked to provide proof of competence. Racers who fail to provide proof of competence will not be allowed to race.
4. Racers must obey instructions from kayakers, helpers & personnel of the race. Failure to do so will result in disqualification.
5. Racers must obey Social Distance Marshall, who will ensure social distance measures are implemented. Failure to do so will result in disqualification.
6. Racers will take full responsibility of their safety during the race.
7. Wetsuit is not allowed.
8. Drafting is not allowed at any time. The draft zone is 8 meters from the ankles of the racer in front. Racers who enter the draft zone have 20 seconds to pass the racer in front. Drafting penalty is 6 minutes for 3km race and 3 minutes for 1.4km race.
9. Safety buoy is mandatory during the entire race.
10. Swimmers are not allowed to use upstairs bathrooms.
11. Open Water Swim Series Hong Kong has the final decision over all matters not stipulated here in the rules.
12. Open Water Swim Series Hong Kong has its sole discretion to reject any entry.

## Coronavirus Disease Precaution & Rule:

1. No sick racers should join the race.
2. Personnel under the quarantine period is not allowed to race.
3. Racers are only allowed to check-in within 30 minutes before their assigned race start time.
4. Temperature will be taken at the VRC entrance. No swimmers with temperature above 38 degrees are allowed to race.
5. Hand sanitizers are available at the entrance and at the registration table.
6. All racers must wear face masks at all times until the start of race. Please prepare an additional mask to be used after the race.
7. Racers are to gather at the waiting area with members in their waiting groups only. Each waiting group must have a minimum distance of 1.5m from other waiting groups.
8. Upon finish of the race, racers must leave the premise immediately.
9. There will be no award ceremony. Prizes and medals will be mailed to podium finishers.
10. Racers safety and observation of law are of our top priorities. Please always exercise vigilance. Any non-compliance will result in immediate disqualification.
11. Open Water Swim Series Hong Kong reserves the right to final interpretation to the mentioned rules and regulations above.

## **Agreement, Waiver and Release**

1. My medical status, physical ability, training and fitness are capable and of a certain level to participate in the "DWB TIME TRIAL";
2. I am voluntarily participating in "DWB TIME TRIAL". I am aware of the inherent risks and potential hazards associated with participating in this "DWB TIME TRIAL" and in general, the activity of open water swimming, which may include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcomes may arise from my own or other's actions, inaction, or negligence; or the condition of the open water swimming location. Nonetheless, I assume all related risks, both known or unknown to me, of my participation in this Event.
3. I hereby release and hold harmless Open Water Swim Series Hong Kong ("OWSSHK") and/or its volunteers and/or other organizations and/or governmental departments directly or indirectly related to the Event against any and all liability or damages for any claim or action arising directly or indirectly from the personal injury or death of myself or any other person as a result of my participation in "DWB TIME TRIAL". If I require medical treatment, I agree to be financially responsible for any costs incurred as a result of such treatment; and
4. In consideration of being permitted to participate in "DWB TIME TRIAL", on behalf of myself and my next of kin, heirs and representatives, I release from any and all liability and undertake not to bring legal action against OWSSHK and/or its volunteers and/or other organizations and/or governmental departments directly or indirectly related to the Event for any and all claims, including negligence, resulting in any physical or psychological injury (including paralysis and death), illness, damages, or economic or emotional loss.
5. The organizer has the right to change the course distance or arrangement or to cancel the race. There will be no refund in any of circumstances.

### **Parent / Guardian Waiver for Minor (UNDER 18 YEARS OLD):**

The undersigned parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to act and release said parties on behalf of the minor and the parents or legal guardian. PARTICIPANTS UNDER THE AGE OF 18 ARE REQUIRED TO HAVE PARENT SIGN: This is to verify that I, as a parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releases, and, for myself, my heirs, assigns, and next of kin, release and agree to indemnity and hold harmless the Releases from any and all liabilities incident to my minor child's involvement of participation in the events as provided above, even if arising from their negligence.