



VICTORIA RECREATION CLUB HEALTH DECLARATION FORM

域多利遊樂會健康申報表

In light of the COVID-19 outbreak, the safety of our Members and team is of the utmost importance. It is essential that we work together to ensure the Club remains as safe as possible during these challenging times.

鑒於 2019 冠狀病毒的爆發，本會會員及員工的安全現已變得至關重要。在這個充滿挑戰的時期，我們必須共同努力以盡力確保本會安全。

- **This form MUST be filled out on arrival, by every member and guest for each visit to the Club.**
每位會員及賓客每次到訪會所，必須於到達時填寫此申報表。
- **Please stay away from the Club if you are under the HKSAR Government's 14-day compulsory quarantine order or have been in close contact with anyone who has.**
如果您正在接受香港特區政府規定之強制 14 日檢疫，亦或曾經或正在親密接觸任何正在接受此強制檢疫的人士，請遠離會所區域。
- **All persons entering the Club are required to have their temperature taken. Any person with a temperature of 37.6 degrees or above, will be denied entry.**
所有人士在進入會所範圍時必須進行體溫測量。任何體溫超過 37.6 攝氏度的人士，將會被拒絕入內。

INFORMATION OF MEMBER / GUEST 會員 / 賓客信息

Name 姓名: _____ Visit Date & Time 到訪日期及時間: _____

Member 會員 (Membership No. 會員號碼: _____)

Guest 賓客 (Contact No. 電話: _____) Temperature 體溫: _____

HEALTH DECLARATION 健康申報

		YES	NO
1	Are you feeling unwell or experiencing any flu-like symptoms? 您目前是否感到身體不適或出現疑似感冒病徵?		
2	Have you been in close contact with anyone who has been infected or is presently being quarantined for the suspected virus? 您是否曾經或正在密切接觸任何已經確診感染冠狀病毒的患者或正處於隔離期的疑似患者?		
3	Have you travelled within the last 14 days or had close contact with anyone who has? (Except those exempted from the Government's 14-day compulsory quarantine order) 您是否在過去 14 日內曾經於境外旅行或曾經密切接觸過任何在過去 14 日內有境外旅行史的人士? (豁免政府規定之強制 14 日檢疫的人士除外)		
4	Does the building where you live have any person who has contracted the virus and lives on the same floor? 您所居住的屋苑同層是否有任何已經確診感染冠狀病毒的患者?		

I hereby sign to state that the information given on this form is, to the best of my knowledge, correct and true. I understand that the false information given on this form will be subject to disciplinary action not limited to suspension or loss of membership.

本人在此聲明此申報表所提供的信息均真實正確。本人明白提供虛假信息將受到不限於暫停或取消會籍的紀律處分。

Signature 簽名: _____ Date 日期: _____

Emerald Bay Classic (EMBC)

Date: 14th November 2021

Rules & Regulations:

1. Racers are required to swim with FREESTYLE (FRONT CRAWL) ONLY during the ENTIRE race.
2. Declaration of responsibility is required for all swimmers.
3. No one should join the race unless he/she is physically fit, and in excellent health condition.
4. Cut off times
 - o 1.6km, 48 mins
 - o 3.2km, 80 mins ; 1.6km(1st Lap) cut off time 40mins
5. Racers may be asked to provide proof of competence. Failure to do so will result in disqualification.
6. Racers must obey instructions to kayakers, helpers and personnel of the race.
7. Racers will take full responsibility and safety during the race.
8. Wetsuits are allowed in the race.
9. Fins and paddles are not allowed during the entire race.
10. SAFETY BUOYS are mandatory during the ENTIRE race. Losing a buoy during the race will result in disqualification.
11. Racers are not allowed to take photos during the race.

Coronavirus Disease Precaution & Rules:

1. No sick racers should join the race.
2. Personnel under the quarantine period is not allowed to race.
3. Racers are only allowed to check-in 30 minutes before their assigned race start time.
4. All racers must wear face masks at all times until the start of race and immediately after the race. New masks will be handed to racers immediately after the race.
5. Upon finish of the race, racers must leave the premise as soon as possible.
6. There will be no award ceremony. Prizes and medals will be mailed to podium finishers.
7. Racers' safety and observation of law are of our top priorities. Please always exercise vigilance. Any non-compliance will result in immediate disqualification.
8. Open Water Swim Series Hong Kong reserves the right to final interpretation to the above mentioned rules and regulations.

Agreement, Waiver and Release

1. My medical status, physical ability, training and fitness are capable and of a certain level to participate in the "EMERALD BAY CLASSIC";

2. I am voluntarily participating in "EMERALD BAY CLASSIC". I am aware of the inherent risks and potential hazards associated with participating in this "EMERALD BAY CLASSIC" and in general, the activity of open water swimming, which may include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcomes may arise from my own or other's actions, inaction, or negligence; or the condition of the open water swimming location. Nonetheless, I assume all related risks, both known or unknown to me, of my participation in this Event.
3. I hereby release and hold harmless Open Water Swim Series Hong Kong ("OWSSHK") and Events Horizons and/or its volunteers and/or other organizations, and/or governmental departments directly or indirectly related to the Event against any and all liability or damages for any claim or action arising directly or indirectly from the personal injury or death of myself or any other person as a result of my participation in "EMERALD BAY CLASSIC". If I require medical treatment, I agree to be financially responsible for any costs incurred as a result of such treatment; and
4. In consideration of being permitted to participate in "EMERALD BAY CLASSIC", on behalf of myself and my next of kin, heirs and representatives, I release from any and all liability and undertake not to bring legal action against OWSSHK and/or its volunteers and/or other organizations including but not limited to Events Horizons and/or governmental departments directly or indirectly related to the Event for any and all claims, including negligence, resulting in any physical or psychological injury (including paralysis and death), illness, damages, or economic or emotional loss.
5. The organizer has the right to change the race course & distance or arrangement or to cancel the race. There will be no refund in any of circumstances.

Parent / Guardian Waiver for Minor (UNDER 18 YEARS OLD):

The undersigned parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to act and release said parties on behalf of the minor and the parents or legal guardian.

PARTICIPANTS UNDER THE AGE OF 18 ARE REQUIRED TO HAVE PARENT SIGN: This is to verify that I, as a parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releases, and, for myself, my heirs, assigns, and next of kin, release and agree to indemnify and hold harmless the Releases from any and all liabilities incident to my minor child's involvement of participation in the events as provided above, even if arising from their negligence.

Signature _____

Full Name : _____

Date : _____