

# Peng Chau Challenge (PCC)

Date: 29<sup>th</sup> August 2021

## Rules & Regulations:

1. Declaration of responsibility is required for all swimmers.
2. No one should join the race unless he/she is physically fit, and in excellent health condition.
3. Cut off times
  - 1.2km, 30 mins
  - 3km, 80 mins
  - 5.2km, 130mins , Pass Tai Lei Island 1km Checkpoint within 25mins
4. Racers may be requested to provide proof of competence. Failure to do so will result in disqualification.
5. Racers must obey instructions to kayakers, helpers and personnel of the race.
6. Racers should maintain a distance of at least 30 meters from the shore.
7. Racers will take full responsibility and safety during the race.
8. Wetsuit, fins or paddles are not allowed.
9. SAFETY BUOYS are mandatory during the ENTIRE race. Losing a buoy during the race will result in disqualification.
10. Breaststroke is not allowed.
11. Fail to comply will result in disqualification.

## 比賽規則

1. 所有泳手必須接受相關責任條款
2. 泳手必須確保身體處於良好狀態，否則切勿參與比賽
3. 比賽限時
  - 1.1km, 30 分鐘
  - 3km, 80 分鐘
  - 5.1km, 130 分鐘，以及必須於 25 分鐘之內 經過大馬島
4. 大會保留向泳手 查詢/要求提供相關參賽資格的證明, 未能提供相關證明將不獲參賽資格
5. 泳手必須遵從 陸地及海上的工作人員及艇手的指示
6. 游泳路線必須與岸邊保持 30 米 最低安全距離
7. 所有泳手 在比賽期間的安全責任完全由泳手負責
8. 比賽期間禁止使用/ 穿戴 WETSUIT, FINS 或者 PADDLES
9. 游泳浮波必須於作賽時全程戴上。任何情況遺失 或發現沒有戴上 將被取消資格
10. 泳手不可於比賽期間以蛙泳作賽
11. 泳手未能配合大會或遵守比賽規則，將被取消資格

## Coronavirus Disease Precaution & Rules:

1. No sick racers should join the race.
2. Personnel under the quarantine period is not allowed to race.
3. Racers are only allowed to check-in 30 minutes before their assigned race start time.
4. All racers must wear face masks at all times until the start of race. Please prepare an additional mask to be used after the race.
5. Upon finish of the race, racers must leave the premise immediately.
6. There will be no award ceremony. Prizes and medals will be mailed to podium finishers.
7. Racers' safety and observation of law are of our top priorities. Please always exercise vigilance. Any non-compliance will result in immediate disqualification.
8. Open Water Swim Series Hong Kong reserves the right to final interpretation to the above mentioned rules and regulations.

## 新型冠狀病毒預防及守則

1. 泳手如果發現身體不適，不可參賽
2. 泳手在檢疫或隔離期間，不可參賽
3. 泳手只可在比賽前 30 分鐘到達
4. 泳手必須下水前及上水後戴上口罩
5. 比賽完成後泳手必須盡快離開
6. 比賽當日並沒有頒獎儀式，獎牌及獎項將會以郵寄方式寄出
7. 泳手/人員安全，及遵守相關法律至為重要，必須加以警覺，違者將會被取消資格
8. Open Water Swim Series Hong Kong 保留最終條例及守則的解釋權

## Agreement, Waiver and Release

1. My medical status, physical ability, training and fitness are capable and of a certain level to participate in the "PENG CHAU CHALLENGE";
2. I am voluntarily participating in "PENG CHAU CHALLENGE". I am aware of the inherent risks and potential hazards associated with participating in this "PENG CHAU CHALLENGE" and in general, the activity of open water swimming, which may include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcomes may arise from my own or other's actions, inaction, or negligence; or the condition of the open water swimming location. Nonetheless, I assume all related risks, both known or unknown to me, of my participation in this Event.
3. I hereby release and hold harmless Open Water Swim Series Hong Kong ("OWSSHK") and Events Horizons and/or its volunteers and/or other organizations, and/or governmental departments directly or indirectly related to the Event against any and all liability or damages for any claim or action arising directly or indirectly from the personal injury or death of myself or any other person as a result of my participation in "PENG CHAU CHALLENGE". If I require medical treatment, I agree to be financially responsible for any costs incurred as a result of such treatment; and
4. In consideration of being permitted to participate in "PENG CHAU CHALLENGE", on behalf of myself and my next of kin, heirs and representatives, I release from any and all liability and undertake not to bring legal action against OWSSHK and/or its volunteers and/or other organizations including but not limited to Events Horizons and/or governmental departments directly or indirectly related to the Event for any and all claims, including negligence, resulting in any physical or psychological injury (including paralysis and death), illness, damages, or economic or emotional loss.
5. The organizer has the right to change the course distance or arrangement or to cancel the race. There will be no refund in any of circumstances.

## Parent / Guardian Waiver for Minor (UNDER 18 YEARS OLD):

The undersigned parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all of the parties referred to above from all liability, loss, cost, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to act and release said parties on behalf of the minor and the parents or legal guardian.

**PARTICIPANTS UNDER THE AGE OF 18 ARE REQUIRED TO HAVE PARENT SIGN:** This is to verify that I, as a parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releases, and, for myself, my heirs, assigns, and next of kin, release and agree to indemnify and hold harmless the Releases from any and all liabilities incident to my minor child's involvement of participation in the events as provided above, even if arising from their negligence.